



International Day Against Homophobia, Transphobia And Biphobia

May 17th



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Why May 17?

The date of **May 17** was specifically chosen to commemorate the World Health Organization's decision in 1990 to declassify homosexuality as a mental disorder. This year's theme is **Together Always: United in Diversity**



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What is Homophobia?

It is a culturally produced fear of or prejudice against homosexuals that sometimes manifests itself in legal restrictions or, in extreme cases, bullying or even violence against homosexuals.





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What is Transphobia?

Transphobia can include fear, aversion, hatred, violence or anger towards people who do not conform to social gender expectations. It is often expressed alongside homophobic views and hence is often considered an aspect of homophobia.





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What is Biphobia?

Similarly to homophobia, it refers to hatred and prejudice specifically against those identified or perceived as being in the bisexual community.





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How can I be an ally?



Reach Out! Learn about the community from the community itself.



Recognize! Accept and affirm your queer peers' identity. Respect their right to self-determination.



Ask! It is always better to ask for one's pronouns or use gender neutral pronouns (they/them) than misgendering someone.



Call Out! Identify phobic behaviour & micro aggressions, and help people rectify such behaviour.



Collaborate! Engage with people from the community as much as possible towards creation of equal opportunities.



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Raise awareness.

Create safe spaces.

Defy discriminatory norms.

